

**AGAPE HOUSE OF WORSHIP
MIDWEEK BIBLE STUDY**

Topic: Part 11: I Am the Bread of Life: True discipleship vs offense
Text: John 6:22-71

**Wednesday, April 15, 2026
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Introduction: On the day following the miracle of the five loaves and two fish, Jesus engaged in a significant dialogue with the crowd during which He proclaimed Himself to be the Bread of Life—the Living Bread that endures forever. However, this statement stirred mixed emotions among the audience, leading their reactions to shift dramatically from seeking out Jesus, to grumbling, anger, and ultimately turning away from Him.

1. Seeking Jesus - v. 22 - 40

- a. Do you think the people were genuinely seeking Jesus or seeking Him for personal needs?
- b. Why are you seeking Jesus?
- c. v.35-40 - Why did Jesus choose to describe Himself as the “I am the Bread of life”.
- d. What other “**I Am**” statements did Jesus declare?
- e. Do you or anyone you know attends church for other reasons?
 - i. Attending church with the desire to find your spouse or other earthly reasons should not be the primary and only motive. Our focus should genuinely be on seeking our Lord, daily and building a lifetime intimate relationship with Him.
- f. Seek the provider not the provision. They did not want Jesus; they were hungry for physical stuff thing that perishes. They were hooked by the miracles and not seeking the One who performed the miracle. We don’t seek God to meet our needs; we seek Him because He is our need and He will take care of everything according to His plan and purpose for you.

2. Grumbling - v. 41 - 51

v.41-42 “41. At this the Jews there began to grumble about him because he said, “I am the bread that came down from heaven.” 42. They said, “Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I came down from heaven?’”

- a. Was this an attempt to now try to discredit Jesus because of His statement and the audience not getting what they came for?
- b. **v.47-48** “*Very truly I tell you, the one who believes has eternal life. 48. I am the bread of life.*”
 - i. Why did Jesus repeat this statement from v.40?

3. Anger – v. 52 – 59

v:52 – “How can this man give us his flesh to eat?”

- a. Was Jesus being cannibalistic? Was their anger justified?
- b. What was the whole point of this message?

Jesus was giving them a spiritual lesson, but they were so consumed with their needs and disappointment they became angry and completely missed what Jesus was trying to teach them.

v.40 & 54 – Jesus is talking about believing & faith.

To eat His flesh is to take into our life by faith all that Jesus did for us by giving his body for us. To drink His blood is to take by faith all that the blood of Jesus has purchased for us. The eating and drinking is receiving the life of all that Jesus is to replace all that we were in Adam, and this life is offered to everyone who believes and follows Him.

- c. How can we prevent our needs from distracting us from focusing on Jesus?

4. Turning Away – v. 60 – 71

- a. **v60** - The statement was hard for them to tolerate. Too tough to swallow (MSG version)
 - i. In other words they didn't like Jesus's teaching, the truth is too hard for them to swallow.
- b. Jesus was not afraid to speak the truth, and He was not afraid to lose some followers
 - i. This group of disciples went from seeking to grumbling to being angry and now they are abandoning Him.

What is the root of them being offended by Jesus' hard teaching?

- c. **In verse 68**, Peter gave a very compassionate response to Jesus “But Lord, where would we go? No one but you gives us the revelation of eternal life. 69 We're fully convinced that you are the Anointed One, the Son of the Living God, and we believe in you!”. ' (TPT).
- d. True discipleship is when we follow the lifestyle Jesus exemplified, we obey His words, we seek Him with all of our hearts, we submit our lives to Him and set Him above all other things.

Question – Are you fully committed to Jesus, are you fully convinced that Jesus is the Anointed One?

Conclusion – Sometimes we allow ourselves to become so blinded by our earthly focus or needs and we miss the most important presence – Jesus. We follow Jesus not as a means to an end, we follow Him because He is the bread of life.